

# LIONS QUEST (5<sup>TH</sup> EDITION)

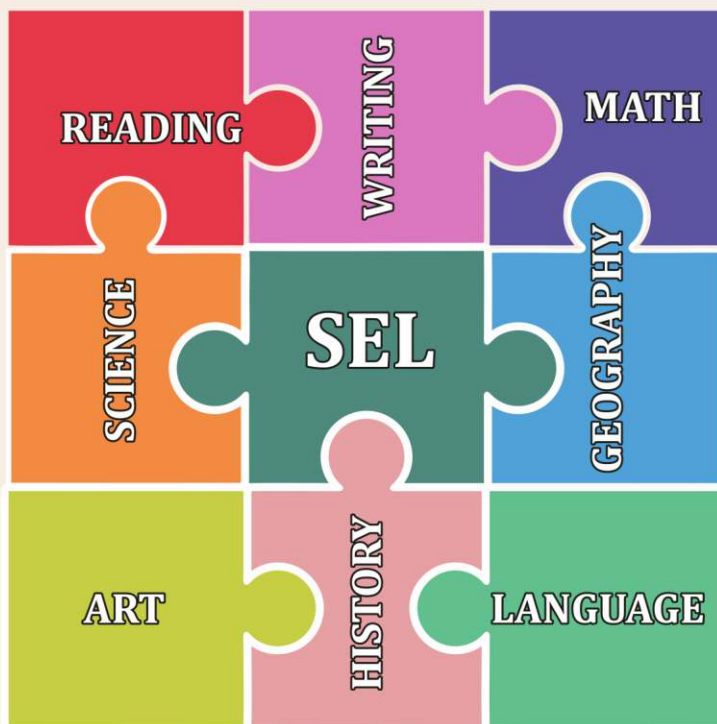
## SOCIAL & EMOTIONAL LEARNING PROGRAM

GRADES 1 TO 8

### SEL: THE MISSING PIECE



Lions Quest  
In India  
Foundation



Evidence Based

Easy to Implement

Curriculum and  
Professional  
Development

- ▶ Social and emotional skills can be taught and learned in the same way as academic skills.
- ▶ Classroom curriculum that may be integrated into existing courses or taught on its own.

# EVIDENCE BASED

## LIONS QUEST LESSONS ARE BASED ON CASEL'S FIVE CORE COMPETENCIES.

Lions Quest uses CASEL's four strategies that promote SEL

### 1. FREE STANDING LESSONS

Scripted lessons are designed to be taught 1/week by classroom teachers, counsellors, or other staff. The SEL instruction can be part of the regular curriculum, an advisory period, stand-alone class, or after-school program.

### 2. INTEGRATE SEL ACROSS THE CURRICULUM

Lions Quest lessons make connections to math, science, language, arts, music, social studies, etc

### 3. GENERAL TEACHING PRACTICES

Lions Quest lessons use positive instructional strategies to create a relationship-centred learning community that is student centred, safe, engaging, cooperative, and well-managed

### 4. GUIDANCE FOR SCHOOLWIDE SEL

Lions Quest offers guidance on forming a School Climate Team, an SEL Leadership Team, conducting a school climate survey, and provides gold standard professional development workshops



## POSITIVE IMPACT

<b>14%</b>	improvement in academic performance
<b>72%</b>	decline in in-school and out-of-school suspensions
<b>9%</b>	improvements in conflict resolution
<b>81%</b>	increase in knowledge of dangers of drug use
<b>75%</b>	increase in personal and social development skills

## GLOBAL IMPACT

Implemented in more than <b>105 COUNTRIES</b>
Impacted more than <b>18 MILLION STUDENTS</b>
Trained more than <b>750,000 EDUCATORS</b>

## LOCAL IMPACT

Implemented across <b>EAST, WEST &amp; NORTH INDIA</b>
Impacted more than <b>1.6 MILLION STUDENTS</b>
Trained more than <b>47,000 EDUCATORS</b>

25+ years of research demonstrate that Lions Quest is evidence-based and proven effective. To review all research visit [www.lions-quest.org](http://www.lions-quest.org)

# EASY TO IMPLEMENT

Short, 3-page, scripted lessons require minimal prep time

- ▶ All the lessons are taught sequentially and skills build in a progression from year to year.
- ▶ Each lesson has four phases – Discovering, Connecting, Practicing, and Applying – that help students be aware of what they already know about a topic and to learn new information and skills that they can apply in other situations and settings.
- ▶ All grades have the same unit names that promote schoolwide themes and activities.
- ▶ The Universal Program Guide provides background information to understand the program's rationale, supporting research, implementation, instructional strategies, approach, and school-home-community approach



**The Families as Partners guide, included in the Digital Resources, provides all the resources you need to lead parent meetings in conjunction with the Lions Quest program**



## 1 How is Lions Quest usually implemented?

Lions Quest is designed to be implemented to meet your needs. It can only be implemented by certified Lions Quest trained teachers. It is mandatory to give the student book to each child attending the program. The most common implementation models include:

- ▶ **One period per week in the school timetable:** Lions Quest can be part of the curriculum
- ▶ **Integrated into classroom instruction.** Often at the primary level Lions Quest is taught by classroom teachers and at the secondary level by any subject teachers or school counsellors.
- ▶ **Stand-alone class.** Lions Quest may also be offered as part of a 1-semester or 1-quarter stand-alone “Life skills” course that rotates with other courses throughout the year.
- ▶ **Health/prevention.** Lions Quest may be incorporated into the health or prevention curriculum.
- ▶ **O-S-T program.** Lions Quest may also be used during an out-of-school-time program.
- ▶ **Special education class.** Lions Quest may also be used in classes comprising of students that need special focus on social and emotional skills. However, it is not intended as a one-on-one intervention.

## 2 How long does each Lions Quest lesson take?

Lessons last 30-45 minutes. If less time is available, they may be divided into smaller segments lasting 10-20 minutes.

## 3 Do all facilitator's need a teacher's curriculum?

Each person facilitating the program should have a Teacher's Curriculum Kit. There is a separate kit for each grade level, from grade 1 to 8.

## 4 Do I need to teach the lessons in a sequence?

It is best if the lessons within a unit are taught sequentially.

Units 1-3 cover the core SEL skills and contain 18 lessons.

Units 4 (Prevention) and

Unit 5 (Service Learning)

Unit 6 is Reflection and Closure.

**If time is short, it is possible to cover the SEL skills in 18-20 lessons**

## 5 Is there a pre/post evaluation?

Yes, the pre/post student survey is found on the Lions Quest website. Lions Quest can provide technical assistance with evaluation when requested.

# CURRICULUM & PROFESSIONAL DEVELOPMENT

## CURRICULUM

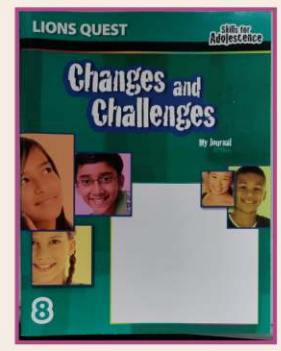
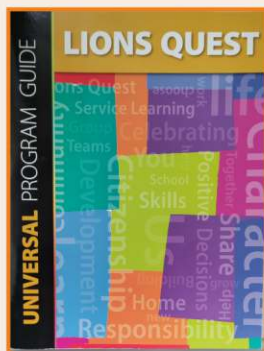
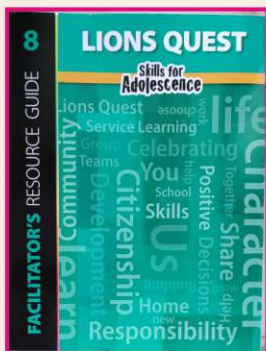
### Grades 1 to 8 TEACHER'S CURRICULUM KIT INCLUDES :

**The Facilitator's Resource Guide** is an easy-to-use “teacher's edition” that contains annotated lesson plans, assessment and enrichment, and family and community connections activities.

**The Universal Program Guide** includes the program rationale and overview, classroom implementation models, and guidelines for effective schoolwide implementation. Also included are instructional strategies for creating a relationship-centred classroom, developing a positive school climate, and implementing service-learning.

**The Digital Resources** offer rich ancillary support including “Projectables” for whole-class presentations, Family Connection take-home worksheets, and the Families as Partners guide designed to encourage family engagement and involvement in Lions Quest.

**The Student Journal** provides opportunities to practice and apply the skills found in each lesson.



## PROFESSIONAL DEVELOPMENT

### LIONS QUEST TEACHERS TRAINING WORKSHOPS

With a network of experienced trainers across the country Lions Quest offers professional development workshops with a focus on the role each staff member plays in the implementation of the program. A two-day workshop is capped with 30-36 participants, may be arranged at your location, and scheduled to fit your school day. Reading sessions (online) & Follow-up workshops are recommended and are available at your request



- 1 Is training required ?**  
 Yes, training is essential for impactful implementation of this child centred program. An Internationally acclaimed certificate is awarded to each participant after the training.
- 2 Who should attend the training ?**  
 Besides the teachers who will facilitate the program in the classroom, others who are likely to support the program are welcome to attend the training. This could include principals, assistant teachers, administrators, parents and so on.
- 3 Do I need to begin the program at Grade 1 ?**  
 No, you may begin the program at any grade level (1 to 8)
- 4 Is it the same lesson every year ?**  
 No, the topics of the lessons are the same every year, but the lessons are unique

## FEEDBACK

Lions Quest helped me a lot to improve as a teacher. The methods of implementation led to the enhancement of interests of the children for the subject they despised the most. The remarkable results not only boosted the students' confidence but mine also as a teacher.

**APARNA PANDEY,**  
**Maharaja Agrasen Public School, Lucknow**

I feel very confident and happy now. When my mother expired, I was mentally disturbed, was not able to study and communicate. My SFA group friends and the skills learnt helped me a lot. Love you SFA.

**Zulfi Zubair,**  
**Anjuman-I-Islam school, Mumbai**

Lions Quest Skills for Growing (Grades 1 to 5)



Lions Quest Skills for Adolescence (Grades 6 to 8)



## LIONS QUEST IN INDIA FOUNDATION :

- ▶ For more than 30 years, Lions have embraced the idea of helping children grow in a positive direction, with implementation across East, West and North India.
- ▶ Over 47,000 educators have been trained by LQIF to implement Lions Quest in classrooms and after-school settings.
- ▶ More than 1.6 million young people have benefited from the program in East, West and North India, making it one of the most widely used life skills and prevention programs in the country.



For more information visit our website : [www.lionsquestinindia.org](http://www.lionsquestinindia.org)

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